

Who Should Attend?

- Addiction and Substance Abuse Counselors
- Professional School and Career Counselors
- Marriage and Family Therapists
- Mental Health Counselors
- Rehabilitation Counselors
- Social Workers

Features

The seminar will be held at the University of Sioux Falls, Cleveland Center, Room 106, June 9–10 from 8 a.m.–4:30 p.m. Registration will be held each day from 7:30–7:50 a.m.

- Seminar fee: **\$95 early bird pricing** (must register before May 1)
- \$110 regular pricing, register May 1–June 8
- Optional \$45 for one-hour of college credit

Benefits

This seminar meets requirements for continuing education units for counselors and social workers. Up to seven hours can be earned each day. The second day will meet the four hour ethic requirements for South Dakota licensure. One hour of college credit (undergraduate or graduate) will also be available.

Cancellation

Payment must accompany registration. To withdraw, a participant must notify Kari Clark at (605) 331-6781 by May 31 to receive a full refund.

College Credit Information

One hour of college credit (graduate or undergraduate) will be available for an additional \$45. Attendance will be required for both days, and a one to two page reflection paper must be submitted to Jacob McDonald (jacob.mcdonald@k12.sd.us) by June 15, 2016.

Contact Us With Questions

Website: reach.usiouxfalls.edu
Phone: (800) 888-1047 or (605) 331-6781
Email: usfworkshops@usiouxfalls.edu
Address: 1101 W 22nd St, Sioux Falls, SD 57105

PROGRAM SCHEDULE

Thursday, June 9

7:30–7:50 a.m.Registration and Light Breakfast

7:50–8 a.m....**Opening Comments**, Jacob McDonald;
Rita Hansen, MA, LPC, LAC; Elizabeth Rus, MS, NCC

8–9:25 a.m.....**Cyber Bullying**
presented by Kaitlyn Umphlett, BS, ACT

Cyberbullying happens when a child or teen is being threatened, harassed, embarrassed or otherwise targeted by another child or teen using any form of technology. With all of the different types of technology available to children these days, cyberbullying is becoming more of an issue. This presentation will teach about cyberbullying and how to prevent it, how to protect your digital reputation and how to stay safe online.

9:30–10:55 a.m....**The Effects of Divorce on Children**
presented by Shanna Moke, MA, CFLE

Divorce is an area that significantly affects children of all ages. This training will provide a brief overview of the South Dakota divorce process and factors which impact a child's adjustment to divorce. The training will then discuss how stress manifests in children, how children perceive the divorce and highlight the needs of children as they navigate through the separation and divorce process. Age ranges include Infancy/Toddler (ages 0–2), Pre-school (ages 3–5), Early Elementary (ages 5–8), Pre-Teen (ages 8–12) and Adolescence (ages 13–18).

11 a.m.–12:25 p.m.....**EMDR Therapy**
*presented by Brenda Hansen-Meyer, MS, LAC, LPC-MH
and Kim Keiser, MA, LPC-MH*

EMDR is an integrative psychotherapy approach that has been extensively researched and proven effective for the treatment of trauma. This presentation will cover a variety of topics to help participants enhance their understanding of EMDR and consider it as an option for client psychoeducation or care.

12:30–1:25 p.m.....Lunch (on own)

1:30–2:55 p.m.....**Dealing with Difficult Clients**
presented by Shanna Moke, MA, CFLE

Certain personalities are more difficult than others. This training will discuss difficult personalities such as the Know It All, Complainer and Negativist. Participants will learn to understand and manage difficult interactions with these individuals as well as learning to identify their own conflict management style and ideas and methods of how to appropriately resolve conflict with others.

3–4:30 p.m.**Turbo Mind Synergy, No!**
presented by Joe Dalton, M.Div

What in the world is TMS Therapy? Learn the theory behind the effectiveness of TMS Therapy, as well as who is appropriate for TMS therapy and how to access TMS Therapy or 'Who you gonna call?'. Also, learn about the added benefits of concurrent CBT & Life Skills Coaching which provides Avera Medical Group TMS Therapy patients with an encouraging environment to grasp renewed Hope for Healing with their Major Depression as their symptoms are dramatically improved.

Friday, June 10

7:30–7:50 a.m.Registration and Light Breakfast

7:50–8 a.m....**Opening Comments**, Jacob McDonald;
Rita Hansen, MA, LPC, LAC; Elizabeth Rus, MS, NCC

8–9:45 a.m.....**Multicultural Counseling**
presented by Hande Briddick, PhD

The purpose of this session is to learn about the importance and impact of culture in counseling relationships. Multicultural counseling requires one to pay attention not only to the traditional concepts of counseling but also to the dynamic and systemic elements of diversity that shape and define our relationships with our students, clients and ourselves.

10–11:30 a.m.....**Meth Addictions**
*presented by Christy Alten-Osmera, MS, LPC-MH, LAC,
QMHPMH, LAC, QMHP and Teri Leuning, LMT,CMT*

According to the 2015 National Survey on Drug Use and Health, almost 9 percent of adults have used methamphetamine in their lifetimes. The 2015 Monitoring the Future Survey indicates around 1 percent of teens, ages 12–18, have used meth in their lifetimes. Although these numbers may seem low, the impact on those lives is monumental. Today we hear firsthand from someone who has been there and back. We will also explore what was going on in the inside—looking at the impact methamphetamine has on the brain, the body and the spirit. Recovery is possible! With the information presented in this session, we hope that you can play a vital role to help those who are suffering from meth's impact begin the healing process.

11:30 a.m.–12:25 p.m.....Lunch (on own)

12:30–4:30 p.m.....**Ethical Issues in Counseling**
presented by Kristin Bruns, PhD, NCC

This four-hour session will provide an overview of changes to the 2014 ACA Code of Ethics; five most common ethical concerns; ethical decision-making model: examples for consideration; and ethics in supervision.

Four easy ways to register!

Website:

reach.usiouxfalls.edu

(Must use a credit card to register.)

Mail:

USF

Attn: Kari Clark
1101 W 22nd St
Sioux Falls, SD 57105**Fax:**

605-575-2079

(Must use a credit card to register.)

Call:

605-331-6781

(Must use a credit card to register.)

Non-Profit Org.
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Permit No. 11
Sioux Falls, SD
57105**Contact Information**Have you received credit through USF before? Yes No
 Male Female

First Name Middle Initial Last Name

Maiden Name Social Security Number or USF ID

Phone Number Email Address

Address

City State Zip

Registration Order *We accept cash, check and credit card payments.*Which day(s) do you plan to attend? (*early bird \$95—before May 1, regular pricing \$110—for either one or two days*) Thursday Friday Both Days Seminar Total Fee \$ _____What type of college credit do you need (optional) (*1 credit = \$45*) Undergraduate Graduate College Credit Total \$ _____

What type of CEUs do you need? (no fee)

 Counseling Education Social Work*(payment must accompany registration)* \$ _____

Order Total

(checks payable to University of Sioux Falls) _____

Check Number

Credit Card Payment

We Accept:

 Visa MasterCard Discover American Express Check

Credit Card # CVC Code Exp. Date

Name

Is billing information different than above? Yes No

Address

City State Zip

Signature Charge Amount



University of Sioux Falls

Center for Professional Development

1101 W 22nd St
Sioux Falls, SD 57105-1699

ADDRESS SERVICE REQUESTED

Building Healthy Relationships

Ethics Seminar

South Dakota Counseling Association
Sioux ChapterUniversity of
Sioux Falls**June 9–10, 2016**
Sioux Falls, S.D.